



CONGREGATION AHAVATH ACHIM

September 2019 Newsletter

1 Elul – 30 Tishri - 5779



Torah & Haftorah Readings and Page Numbers				
	September 7	September 14	September 21	September 28
Torah Reading	Shoftim	Ki Teitzei	Ki Tavo	Nitzavim
	Deuteronomy 16:18-21:9	Deuteronomy 21:10-25:19	Deuteronomy 26:1-29:8	Deuteronomy 29:9-30:20
Pages	820-835	840-857	859-873	878-883
Haftorah	Isaiah 51:12-52:12	Isaiah 54:1-10	Isaiah 60:1-22	Isaiah 61:10-63:9
Pages	835-839	857-858	874-877	883-886

Minyan Times are in the monthly calendar and on the Ahavath Achim web site, www.ahavathachim.org

Rabbi Peretz Robinson's Torah Message

. Dear Friends,

As the seasons change, and summer transitions into fall, the Yamim Noraim, High Holy Days period, is once again on our minds. It is unquestionable that this time period, with all the preparation that goes into Rosh Hashanah, and the intensity of the Yom Kippur experience, is the source of much anticipation or even angst on the behalf of many people.

However, in truth the preparations for the High Holy Days begin at the beginning of the preceding Hebrew month, the month of Ellul, as we begin blowing Shofar every morning following Shacharit, and eventually begin saying the Selichot prayers preceding Shacharit.

The term "Selichot" is derived from the Hebrew word for "pardon", or "forgiveness"- "selichah". This is the time period when we once again begin to appreciate that we are human, prone to make mistakes, and always in need for Divine forgiveness. By saying Selichot every morning, we are gradually reinvigorating the deep connection that bridges us with the Divine as we approach the High Holy Day season. It may not always be easy to wake ourselves a few minutes early from our slumber to come to davening early to say the Selichot prayers. Nevertheless, the connection between the Jewish people and their Creator that these prayers afford us is surely worth missing out on the few extra minutes of sleep.

Selichot prayers begin this year on Sunday morning, September 22nd, at 7:30 a.m. I look forward to seeing you there.

All the Best,

Rabbi Peretz Robinson

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Community Event
Yiddish Food Fest

Friday, September 6, 11:00 am -1:00 pm
at Temple Sinai
458 Lakeside Drive, Stamford

Plans for the Yiddish Food Fest are underway. Registration fee for the event will be a dish to share with 6 to 8 people and \$5 for the pushka. **Please note** that the event will be *parve*: you can bring fish, dairy, grains, vegetables, salads, desserts, **but no** meat, shellfish, or chicken. We are planning a cookbook. After the Food Fest, we will follow up with a request for the recipe and for the memories associated with your dish. Also, bring your dish ready to serve in a serving plate or bowl with serving utensils. Your food dish will be photographed for the cookbook. If you have not yet signed up and you wish to participate, please call 203-359-2196 or email info@jhsfc-ct.org with your food offering. Please let us know if you plan to bring a guest.

GOLDEN BOOK CONTRIBUTIONS

Congratulations to Hedy and Terry Augenbraun on becoming Great Grandparents Arlene Dentz	Condolences to Michelle and Justin Goldberg on the death of their infant daughter, Isabel Rae Hedy and Terry Augenbraun
Condolences to Chaya Mueller on the death of her father, Yisroel Braun Hedy and Terry Augenbraun	Condolences to Bernard Goldberg on the death of his infant granddaughter, Isabel Rae Hedy and Terry Augenbraun Arlene Dentz Sara Klein
Condolences to his family on the death of Marvin Dentz, husband, father, grandfather. Roz and Mark Fishman Helene and Ralph Green	

Golden Book Greeting cards are a great way to honor or remember someone. To personalize your message, call or email Sara Klein. She can include any personal greeting you would like to have included.

Refuah Sheleimah to David Gordon, and Diane Shinbaum. May G-d grant each a speedy and complete recovery.

Yahrtzeits for September 2019

Tuesday, September 3- Samuel Landy (Husband to Lillian Landy) Tuesday, September 3- Sam Wolper (Uncle to William Wolper) Thursday, September 5- Edward Isidore Zabol (Grandfather to Peggy Sue Schwarzmer) Sunday, September 9 - Samuel Fischer (Father-in-Law to Julia Fischer) Wednesday, September 11- Zolton Guttman (Husband to Leah Guttman) Wednesday, September 11- Joe Macy (Father to Toby Schaffer & Barbara Friedman) Thursday, September 12- Zena Gelb (Mother to Larry Gelb) Thursday, September 12- Jonah Karelitz (Uncle to Seymour Kosowsky) Thursday, September 12- Joe Lemberger (Father to Lee Dickens) Saturday, September 14- Blanche Brown (Mother to Myra Gondos)	Saturday, September 14- Cantor Joseph Sternberg (Grandfather to Hedy Augenbraun) Monday, September 16- Gndel Dimand (Grandmother to Jay Dimand) Monday, September 16- Cindy Dimenstein (Daughter to Helene Green) Tuesday, September 17- Nissim Baena (Grandfather to Ellen Rothwax) Tuesday, September 17- Pearl Thau (Mother to Peter Thau) Thursday, September 19- Sylvia Elioovson (Mother to Lionel Elioovson) Friday, September 20- r' Yehudah Macy (Grandfather to Toby Schaffer & Barbara Friedman) Saturday, September 21- Barry Augenbraun (Brother to Terry Augenbraun) Tuesday, September 24- Sheila Simon (Wife to Marshall Simon) Wednesday, September 25- Bertha Augenbraun (Mother to Terry Augenbraun) Thursday, September 26- David Levine (Father to Linda Elioovson) Saturday, September 28- Rose S. Mantel (Mother to Alex Mantel) Monday, September 30- Max Weiss (Father to Hedy Bauman)
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